

## REGULATION Ultra Trail Via degli Dei 2017

### 1. ORGANIZATION

Amateur Sporting Company Ultra Trail Via degli Dei – Via Caduti di Cefalonia n. 3 40050 Monterenzio (BO)  
C.F. and P.I. 03507611204

### 2. GENERAL INFORMATION

The trail runs through a natural landscape, along the “Via degli Dei” path, with departure from Bologna and Finishing line at Fiesole (Florence). The route is around 125 km (78 miles) long, with an elevation gain of 5,100 m. The race will take place June 2, 2017.

This is a single-stage, free-pace, semi-self-sufficiency race that must be completed within a set time.

### 3. PARTICIPATION REQUIREMENT

The race is open to all men and women aged 20 or over on the date of entry (categories from Promise to Veterans), whether or not they are members of a running association.

### 4. SEMI-SELF-SUFFICIENCY

Semi-self-sufficiency is defined as the ability to be autonomous between two refreshment points, in terms of safety, nutrition and equipment, thus allowing one to adapt to encountered or expected problems (poor weather, physical problems, injuries, etc.).

Every runner must carry all the mandatory equipment for the entire length of the race. This equipment must be carried in the rucksack assigned at the distribution of runners' bib numbers, and may not be changed or modified in any way during the race.

The race directors may inspect the contents of the rucksack at any time. The participant must submit to this check willingly, under penalty of disqualification.

There will be refreshment points located along the course, supplied with beverages and food, which are strictly reserved for the runners and must be consumed on location.

Plastic cups will not be provided at any of the refreshment points; runners must have their own cup or other personal container suitable for the purpose.

Only still water will be provided for filling up water bottles or camel bags.

Each runner must ensure that upon leaving each refreshment point s/he has the regulation amount of food and water necessary to make it to the following refreshment point.

### 5. ASSISTANCE

Personal assistance is permitted only and exclusively at refreshment points, in an area specifically designated for this purpose and at the discretion of the official in charge of the point. Only one personal assistant is allowed for each runner.

Personal assistants are not permitted to access refreshment points and eat food reserved for the runners.

The member of the race organisation in charge of the refreshment point has the authority to remove any personal assistants who are disturbing the runners in the race.

Every runner must follow the designated path through the refreshment point, even if they do not stop. Every refreshment point is a checkpoint. Runners must make sure that they have been correctly registered, no matter what system is used to record passing through checkpoints.

Any type of personal assistance along the way is forbidden; availing of such will lead to disqualification.

## 6. MATERIAL

By entering the race, each runner undertakes to take with him/her all the compulsory material listed below throughout the race. Failure to do so will result in application of the established penalties.

### Compulsory (checks carried out along the route):

- Running shoes between the categories A2 and A5 (intermediate-> trail)
- Backpack or fanny pack
- Identity card
- Water bottle or camel bag (minimum capacity 0,5 liter)
- Cup or other container suitable for drinking at the refreshment points
- Food supplies
- Two working headlamps with spare batteries
- Survival blankets
- Whistle
- Elastic adhesive bandage that can be used as a dressing
- Running trousers  $\frac{3}{4}$  or leggings  $\frac{3}{4}$
- Soft Shell Jacket
- Hat or bandana
- Mobile phone (add the safety numbers of the organisation to the phone book, do not conceal the number, and make sure the battery is fully charged before setting out)
- Roadbook

### Recommended:

- Change of clothes
- Long sleeved microfleece
- Overtrousers
- GPS Satellite
- GPS of the route (downloaded from the site [www.ultratrailviadeglidaei.com](http://www.ultratrailviadeglidaei.com))
- Knife
- Cord

The mandatory equipment may be worn or placed within the tender backpack (or fanny pack). Trail running poles are allowed.

## 7. CHECKS

- Material check when distributing bibs to all the competitors
- Spot checks of all the obligatory material along the route
- Possible checks of material when leaving the refreshment points

## 8. BIBS AND CHIPS

Each bib is given individually to each runner, upon presentation of Identity Card.

At each runner will be given two bib numbers: one that must be worn and clearly visible on the chest or stomach and another that should be attached to the backpack if possible.

The chip is provided together with the bib, and must be worn on the wrist.

Before the start of the race, it is compulsory for each runner to pass through the entrance gates to the reserved starting area, so the chip can be registered.

When passing through a checkpoint, and on arrival, runners must ensure the chip is read by the timing antenna and that it is registered correctly. The bib number is required for access to the refreshment points along the track and to get service organization before, during and until the end of the race.

## 9. CHANGE OF CLOTHES BAGS

Each athlete will receive a bag with his/her race bib in which to place a change of clothes to use at Monte di Fò (Check Point 4 – km 72,3). Once filled with his/her clothes and closed, the bag can be deposited, along with the personal bag, from 5 pm to 8 pm on Friday 2 June.

Only bags provided by the organisers will be transported to Monte di Fò.

Bags with clothes left at Monte di Fò may be collected at Fiesole from 6 pm on Saturday 3 June until and not after 12 noon on Sunday 4 June upon presentation of race bib.

## 10. RUNNERS' BAGS

The organization will take care of the entrants bags transfer from Bologna to (Fiesole) Florence. Personal bag can be deposited at the collection point from 5 pm to 8 pm on Friday 2 June. Bags may be collected at Fiesole until and not after 12 noon on Sunday 4 June upon presentation of race bib.

## 11. SAFETY AND MEDICAL ASSISTANCE

During night-time it is compulsory to wear reflective strips, or to have an electric battery powered light, charged, turned on and fully visible. On paved roads, crossing points with paved roads and dirt roads passable by vehicles, athletes are obliged to respect the rules of the road.

Ambulances, civil protection service personnel and doctors will be present along the track.

The official race doctors are authorised to withdraw from the competition any entrants they consider are not fit to continue.

If necessary, and in the interests of the person being rescued, at the exclusive discretion of the organisers, the official rescue services may be called upon to take over operations, using any means they consider appropriate, including a helicopter. Any costs deriving from such exceptional transport will be charged to the person who has been rescued, as per the regulations in force.

## 12. CHECKPOINTS AND RE-SUPPLY POINTS

All official refreshment points along the route are checkpoints.

Whatever method is used to record passing through checkpoints (automatic chip or manually), runners are obliged to be sure that they have been correctly registered.

The lack of a record of passing through a checkpoint will result in the disqualification of the runner. The

organisation reserves the right to carry out checks at unannounced locations along the route.

### **13. MAXIMUM RACE TIME PERMITTED AND TIME DEADLINES**

The maximum time allotted for the completion of the race is 30 hours.

The time limits (time barriers) for entering and leaving the main checkpoints will be determined and listed on the website: [www.ultratrailviadeglidaei.com](http://www.ultratrailviadeglidaei.com)

These barriers are calculated to allow participants to arrive at the finishing line within the set maximum time limit. In the event of poor weather conditions and/or for safety reasons, the organisers reserve the right to suspend the race or to make changes to the deadlines set.

### **14. WITHDRAWAL**

Runners who decide to pull out of the race along the route must proceed to the nearest checkpoint and inform the organisers of their decision so that transport to the finish line can be organised. Runners who fail to notify the organisers immediately, thereby setting in motion search operations by the rescue staff, will be liable to pay any costs deriving therefrom.

### **15. DISQUALIFICATION**

Along the route, there will be race officials who will be authorized to verify the runner's compliance with the regulations. The race officials have the authority to sanction the immediate disqualification and notify the Race Management of the irregularities discovered.

Race Management may apply disqualification as per the following list:

- Absence of compulsory materials (listed at point 6)
- Refusal to submit to a check
- Littering by runners or by their assistants
- Refusal to help another runner in distress
- Refusal to obey an order from Race Managers, Race Officials, Doctors or Rescuers
- Refusal to submit to an anti-doping check
- Failure to pass through a checkpoint
- Use of a means of transport
- Insults, rudeness or threats against a member of the organisation
- Sharing or exchanging bib numbers
- Failure to observe road transit restrictions by runner's assistants/companions
- Receiving assistance outside of allowed points
- Any breach of ethics discovered during the race

Disqualification means the runner must abandon the race immediately.

Irregularities demonstrated by video images sent to the organisers, even after the race, may result in disqualification.

### **16. COMPLAINTS**

All complaints must be submitted in writing, and in any case before the closing ceremony of the event, with a deposit of € 50.00.

#### **17. JURY**

The jury is made up of:

- The Race Manager
- The Head of Safety
- The Head of Medical Team
- The Local Head of Operations
- Persons deemed competent for the purpose by the Race Manager

The jury will take the time it considers necessary to carry out the checks required, and its decisions are final.

#### **18. CHANGES TO THE ROUTE OR TO THE TIME DEADLINES – CANCELLATION OF THE RACE**

The organisers reserve the right, at any time and without prior notice, to make changes to the route or to the location of the refreshment points or to the time deadlines.

Refunds are not envisaged in the event, due to an unsafe path, the course is changed by the organisation within 30 April 2017, meaning it is shortened or the elevation gain is reduced by less than 30%. Should the changes be greater than this, a refund of 50% will be paid minus administration fees.

In the event of adverse weather conditions (a strong depression with heavy rain and snow at altitude, a high risk of storms), the start of the race may be postponed for 3 hours at most, after which time the race will be cancelled. Where necessary, the organisers reserve the right to make changes to or eliminate certain stretches of the route.

#### **19. INSURANCE**

The organisers will take out civil liability insurance for the duration of the race. To complete the entry procedure, runners must sign a liability release.

If not already member of an Association or Sports Club, the organization takes charge to register the runner to ACSI, Association of Italian Sport Centres, National Agency for Sport Promotion recognized by CONI.

#### **20. ROAD BOOK AND GPS TRACK**

The route description is available on the website: [www.ultratrailviadeglidaei.com](http://www.ultratrailviadeglidaei.com) on the ROUTE page.

Given the complexity of the race, information contained in the route description may not be correct. Any substantial change of route and/or logistics will be communicated via a newsletter, and published on the site's home page.

From the same page of the website, you can download the GPS Track, as well as a list of planned checkpoints which will also include the time barrier.

#### **21. RANKINGS AND PRIZES**

The race winner will be the runner that takes the shortest time to reach the finishing line in Fiesole (Florence). Access to the final classification will be given only to runners who finish the Ultra Trail Via degli Dei within the time limit of 30 hours. No money prizes will be given. At Each runner who completes the race will be given a "finisher" medal. An overall ranking will be drawn up of all entrants, as well as separate

rankings for each men and women category. Prizes will be awarded to the first three men and women in the overall rankings, and to the first runners to finish in each category.

#### CATEGORIES

Promises (PM/PF) - From 2 to 22 years

Seniores (SM/SF) - From 23 years up

SM/SF35 - From 35 to 39 years

SM/SF40 - From 40 to 44 years

SM/SF45 - From 45 to 49 years

SM/SF50 - From 50 to 54 years

SM/SF55 - From 55 to 59 years

SM/SF60 - From 60 to 64 years

SM/SF65 - From 65 to 69 years

SM/SF70 - From 70 to 74 years

SM/SF75 - From 75 to 79 years

SM/SF80 - From 80 to 84 years

SM/SF85 - From 85 to 89 years

SM/SF90 - From 90 to 94 years

SM/SF95 - From 95 to 100 years

#### **22. IMAGE RIGHTS**

Each participant expressly foregoes his/her image rights for the duration of the race, and undertakes not to take any action against the organisers and their authorised partners for the use of his/her image.

#### **23. REGULATION AND ETHIC ACCEPTANCE**

Each participant to Ultra Trail Via degli Dei must accept the present regulation and the ethic rules of the race.

#### **24. DON'T LEAVE YOUR WHASTES CAMPAIGN**

Ultra Trail Via degli Dei join the campaign "Don't leave your wheastes" promoted by the running magazine "Spiritotail" ([www.spiritotrail.it](http://www.spiritotrail.it)) in which each participants is required not to leave along the route any type of whaste, sanction the immediate race disqualification.

#### **FOR ACCEPTANCE**

(Date and signature)



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Ultra Trail Via degli Dei

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